

# State Trait Anxiety Inventory Manual

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### State Trait Anxiety Inventory

Test Anxiety Inventory Preliminary professional manual Palo Alto, CA: Consulting Psychologists Press Spielberger, C D (1983) Manual for the State-Trait Anxiety Inventory (STAI) PaloAlto, CA: Consulting Psychologists Press Download this page as a PDF file

### State-Trait Anxiety Inventory (STAI)

State-Trait Anxiety Inventory (STAI) The STAI, or State-Trait Anxiety Inventory (STAI) is an instrument that quantifies adult anxiety (a children's version is also available) This particular instrument is used to simplify the separation between state anxiety and trait anxiety, feelings of anxiety and depression The STAI includes a 40

### THE STATE-TRAIT ANXIETY INVENTORY (C.H. Spielberger, ...

THE STATE-TRAIT ANXIETY INVENTORY (CH Spielberger, 1968, 1977) Purpose This self-report measure indicates the intensity of feelings of anxiety; it distinguishes between state anxiety (a temporary condition experienced in specific situations) and trait anxiety (a general tendency to perceive situations as threatening)

### Appendix- A State-Trait Anxiety Inventory STAI Form Y-1

1 I feel calm 1 2 3 4 2 I feel secure 1 2 3 4 3 I am tense 1 2 3 4 4 I feel Strained 1 2 3 4 5 I feel at ease 1 2 3 4

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### Psychometric Properties of the State Trait Inventory for ...

The State Trait Inventory for Cognitive and Somatic Anxiety (STICSA; M J Ree, C MacLeod, D French, & V Locke, 2000) was designed to assess cognitive and somatic symptoms of anxiety as they pertain to one's mood in the moment (state) and in general (trait)

### **PSYCHOLOGICAL MEASURES - Wiley Online Library**

THE STATE-TRAIT ANXIETY INVENTORY (STAI) Description Purpose To measure via self-report the presence and severity of current symptoms of anxiety and a generalized propensity to be anxious Versions of this measure are available for both adults and children Content There are 2 ...

### **Determination of state-trait anxiety levels of university ...**

The State-Trait Anxiety Inventory, developed by Spielberg, et al (1970), measures students' trait anxiety levels The validity and reliability of the inventory in Turkey was made by Öner and Le Compte (1985) The validity of state anxiety inventory is between 0.83 and 0.87, and test-retest reliability

### **The development of a six-item short-form of the state ...**

The Spielberger State-Trait Anxiety Inventory (STAI) is one of the most frequently used measures of anxiety in applied psychology research It is a reliable and sensitive measure of anxiety Its popularity has meant that researchers are able to compare their results with those of others, a useful but rare occurrence in such research The

### **'A study of the State-Trait Anxiety Inventory and the ...**

State-Trait Anxiety Inventory (STAI), a 40-item self-report technique However, the STAI may be susceptible to effects of biasing response sets In order to determine if stress can be simulated on the STAI, the responses of 283 subjects obtained under normal instructions were compared to their responses obtained when

### **Validity and reliability of State-Trait Anxiety Inventory ...**

anxiety and discomfort [3-8] Anxiety among patients in a gynecological setting has been measured using different scales such as the Psychological Consequences Questionnaire, Hospital Anxiety and Depression Scale, the Montgomery-Åsberg Depression Rating Scale, and different versions of State-Trait Anxiety Inventory (STAI) [5, 6, 9]

### **Spielberger State-Trait Anxiety Inventory (STAI)**

Spielberger State -Trait Anxiety Inventory (STAI) [Spielberger 1983] is a self-reported instrument It was designed to assess levels of state anxiety and trait anxiety, through 40 items scored by a likert-scale State anxiety can be defined as a transient momentary ...

### **Screening for Depression and Anxiety Disorders from ...**

For anxiety, the State-Trait Anxiety Inventory (STAI-S/T) original cut-off proposed by Spielberg, Gorsuch, and Lushene (1970) was used in most studies during the perinatal period It was considered to be valid for antenatal use, since it reflects situation specific anxiety ...

### **DOCUMENT RESUME ED 250 336 TM 840 597 DeVito, ...**

actual and recalled measures of test anxiety using the A-state scale of the State-Trait Anxiety Inventory (Author/BS) Reproductions supplied by EDRS ...

### **State-Trait Anger Expression Inventory**

guided the development of the state-trait anxiety inventory (Spielberger et al, 1983) Items were selected to characterize the current experience of angry feelings or, in the case of trait anger, assess the frequency with which anger is typically experienced over

### **DEVELOPMENT OF THE SPANISH EDITION OF THE STATE ...**

The State-Trait Anxiety Inventory (STAI) was developed by Spielberger and his associates (Spielberger & Gorsuch, 1966; Spielberger, et al, 1970) to provide reliable, relatively brief, self-report measures of both A-State and A-Trait. The STAI A-State scale consists of 20 statements which ask people to describe how they feel.

### **STAXI-2 TM State-Trait Anger Expression Inventory**

The State-Trait Anger Expression Inventory, Second Edition (STAXI-2) is a structured, verbal, omnibus measure of behavioral and personality need of reverting to the test manual. This section may also be read by the evaluated person as part of a structured discussion or development program he/she is part of.

### **Assessing Children's State Anxiety**

Anxiety is an important component of children's pain and is routinely assessed in pain research. Two forms of the State-Trait Anxiety Inventory have been used frequently by researchers investigating children's pain and state anxiety (form C-1 and Y-1). We were unable to find psychometric information about this tool when used with a

### **The Japanese Adaptation of the STAI Form Y in Japanese ...**

of the State-Trait Anxiety Inventory Form Y (STAI-Y)<sup>10</sup> ~ in a comparison between Japanese and American university students. The STAI-Y seemed a good example to confirm the above response tendency, because it consists of both state and trait components, which permits comparison of

### **C Published by Blackwell Publishing Review Article**

Anxiety Inventory, STAI State-Trait Anxiety Inventory, GAD-7 Generalized Anxiety Disorder 7-item Scale, PRIME-MD Primary Care Evaluation of Mental Disorders, PHQ Patient Health Questionnaire, BSI Brief Symptom Inventory, PDSQ Psychiatric Diagnostic Screening Question-