

Singletasking Get More Done One Thing At A Time

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Singletasking Get More Done One

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•The “Singletasking Principle” is: “Get more done, one thing at a time” •Science has proven that multitasking doesn’t work Your brain can focus on only one single challenging task at a time •When ...

Singletasking: Get More Done One Thing at a Time

Singletasking: Get More Done One Thing at a Time Devora Zack Berrett-Koehler Publishers (May 2015) Softcover \$1695 (168pp) 978-1-62656-261-5
This thorough and convincing guide incorporates ...

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focused singletasking is the true path to achieving our goals” —Howard Wiener, Partner, KPMG LLP “Management myth buster Devora Zack’s new target is the fabled beast known as multitasking While a one ...

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Single-Tasking and Productivity

and then get back to your MIT This way you don't get sidetracked, but you also don't forget those things you need to remember later Keep a very short to-do list, clear distractions, do one thing at a time, until the list is finished That's single-tasking productivity at its essence You'll get more done ...

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